

## LOCALLY GROWN FOOD



Locally grown food is a quality reliable food source. **Increase our economy by keeping food dollars in San Juan County and lowering cost of foods by reducing transportation costs of food.** (Most food travels 1500-2000 miles from farm to table.)

- support local growers
- promote local foods in restaurants, schools, stores
- grow our own food:
  - backyard and work place gardens
  - school gardens
  - community gardens
  - jail gardens
  - grow food all year – green houses

### LOCAL GROWERS:

**Elders Greenhouse and Garden**  
#30 CR 3008, Aztec, 334-7129

**Sutherland Farm Market**  
745 CR 2900, Aztec, 334-3578

**Bandy Ranch Beef**, 334-0865  
bandyranch.com

**Nizhonie Nectar Honey** 334-7266

### GROWERS MARKETS:

**From late July through late September**  
**Aztec** - 334-1840  
West Side Plaza -West Aztec Blvd.  
Wednesday • 4:30-6:30  
**Farmington** - 325-0279 Animas Park -  
Browning Parkway - Tuesday 4:30-6:30  
Saturday 8:00-11:00

### Gardening Experts:

County Extension – 334 9496

## GREEN LIVING RESOURCES

### Sustainable San Juan

334-1840, [sustainablesanjuan@yahoo.com](mailto:sustainablesanjuan@yahoo.com)

TALKS MONTHLY

AZTEC LIBRARY

311. S. Ash - Bibliography/handouts

### COMMUNITY GROUPS

<http://tech.groups.yahoo.com/group/sustainableurland/>

**Farmington Sustainable Group** - Sarah  
Teofanov - 327-5995

**Sullivan-farm.com**

Sustainable living ideas in San Juan County  
Sustainability Alliance of Southwest

Colorado [www.sustainablecolorado.org](http://www.sustainablecolorado.org),

[info@sustainablecolorado.org](mailto:info@sustainablecolorado.org)

[news@sustainablecolorado.org](mailto:news@sustainablecolorado.org).

**Sierra Club Four Corners Branch**

360-0176 [artjaquez2@yahoo.com](mailto:artjaquez2@yahoo.com)

**Aztec Trails and Open Space** 334-2828

**San Juan Peace Coalition**

[www.sanjuanpeace.net](http://www.sanjuanpeace.net)

**San Juan Citizen Alliance** 325-6724

[www.sanjuancitizens.org](http://www.sanjuancitizens.org)



### "GREEN"

### BUSINESS/ECONOMY

Promoting low polluting, environmentally friendly, businesses and products. A by-product of sustainability is creating products locally for the community to buy which supports local businesses. This keeps the monies in the local San Juan Basin economy while also creating jobs.

**SISTERS FIVE** - 333-1115

**Goats Milk Products**

**Lotion Bars and Lip Balms**

## San Juan County



# GREEN LIVING

# Resource Guide

- Food
- “Green” Buildings
- Energy/Heating/Electricity
- Water Conservation
- Transportation & Alternative Fuel

*MEETING OUR EVERYDAY NEEDS  
LOCALLY WHILE INCREASING OUR  
LOCAL ECONOMY AND CONSERVING  
OUR RESOURCES*

**PRESENTED BY**  
**SUSTAINABLE SAN JUAN**  
334-1840 [sustainablesanjuan@yahoo.com](mailto:sustainablesanjuan@yahoo.com)

## TRANSPORTATION/ ALTERNATIVE FUELS



Promoting more efficient forms of transportation, reduced dependence on imported oil and REDUCE GREENHOUSE GASES connected to Global Warming. Alternative Fuels: waste vegetable oil, bio-diesel if produced locally. Sometimes food acres are turned into bio-diesel crops and forests are cut down to grow bio-diesel crop

### FRONTIER SPORTS – for bikes

**108 N. Main Avenue –  
Aztec - 334-0009**

**Promote bike paths – ride a bike  
Car pool**

**Promote public transportation – light rail.**

**Waste Vegetable Oil;** grease car.com

**Bio-Diesel** if produced locally, and does not displace food acreage and rainforests

## WATER SAVING TECHNIQUES



**RainWater Harvesting,**

**Greywater – water landscape and fruit trees with bathroom sink/tub and washing machine water,**

**Drip System**

**Water Harvesting –Greywater –**

1-800-Water-NM, [www.ose.state.nm.us](http://www.ose.state.nm.us)

**Greywater**

**Animas Plumbing** 327-5682

**Home Plumbing and Heating** 334-9353

**Rising Sun Plumbing** 333-2550

Environmental Dept 327-9851

1-800-Water-NM, [www.ose.state.nm.us](http://www.ose.state.nm.us)

## “GREEN” BUILDING

Energy efficient buildings: Solar, Straw bale, Adobe, Rammed Earth, Earth Ship, Paper Crete.



**Adobe -**

**Abi Allen -860-4899**

**Jaquez Construction – 334-5264**

**Strawbale -**

**Kelly Mathews – 970-946-9506**

**Papercrete:** Paper concrete blocks  
living in paper.com  
Nancy Hamilton – 334-6063

### ADDITIONAL Green Building;

**Larabee Construction**

486-4811

**Southwest Natural Builders Guild**

Swnaturalbuilders.co

Southwest Colorado Builders

**Durango Fine Homes**

Passive solar home blue prints

970-769-3904

[durangosolarhomes.com](http://durangosolarhomes.com)

**Eco Home Center,** 3101 North Main Ave.

Durango, 259-8326, Serves the whole 4 corners region with "healthy home interiors and building supplies" including paints and counter tops etc

**Overhead Doors - Garage Doors**

2798 Inland, Farmington, 87401, 505-327-1282

**Key Mortgage**

106 S. Main, Aztec, 334-2510

## ELECTRICTY & HEATING



Making our homes energy efficient and affordable -- Solar, Wind, Methane

**Norm's Solar Consulting – Norm Larivee**  
[nlarivee@sisna.com](mailto:nlarivee@sisna.com) 324-1129

**People of the Sun -Daniel Peterson**  
325-4352

**Independent Energy Center**

118 S. Miller Ave, Farmington, 326-3634

[iecsolar.com](http://iecsolar.com) [iec\\_us@yahoo.com](mailto:iec_us@yahoo.com)

**King Sun Solar**

Solar Hot Water

564-2271

[joe@kingsunsolar.com](mailto:joe@kingsunsolar.com)

**RE Solutions – Renewable Energy Solutions**

Keith Ashmore 486-9039

**Animas Plumbing** 327-5682

**Home Plumbing and Heating** 334-9353

**Rising Sun Plumbing** 333-2550

**Making our homes energy efficient.**

**Masonry Stoves - 95% efficient heating –**

Abi Allen -860-4899

**Energy, Minerals & Natural Resources Dept**

505-476-3310 -

## RECYCLE/BARTER



**Making the most of our resources and reducing land fill use.**

### Recycle Centers:

**Aztec – 334-7600,** 303 S. Ash

Wed 9-12, 3-5, Thurs 1-5, Fri 3-5, Sat 9-12

**Farmington-** 325-8230, 400 S. Orchard

Tues-Fri 8-6, Sat 8-3

**Farmington freecycle- classified listing of free items**

[www.freecycle.org](http://www.freecycle.org)